

## TELL US ABOUT THE IMPACT OF COVID-19 ON YOU, AS AN EDUCATOR

Dear Educator,

The COVID-19 pandemic has posed serious challenges to our health, well-being, and livelihoods, including the ways in which we educate students. As an educator, you are on the front lines of implementing new distance education programs, while also dealing with COVID-19 on your own home fronts. The Center for the Study of Traumatic Stress (read more about our work at [www.cstsonline.org](http://www.cstsonline.org)) is interested in learning about your personal and/or professional experiences — both the challenges and successes — while providing education during the COVID-19 pandemic.

We would like to hear your stories. For example: (1) What challenges do you face balancing work and home responsibilities? (2) What students do best with distance learning and who has the most difficulty? (3) What have been your biggest challenges/successes engaging students and/or staff? (4) If you were to design and implement a distance learning program in the face of another pandemic or other disaster, what would you change and what would you keep the same?

***Most importantly, we would like you to teach us — tell us something we are not likely to know — lessons learned, and/or anything else so we can learn from your experience.***

Without providing personally identifying information, please provide some details about your role so we can contextualize your comments and experience, such as your position (e.g., teacher, principal, administrative support, guidance counselor), years of experience as an educator, the age of your students (e.g., preschool, elementary, middle school, high school, college), whether you teach in a public or private setting, and whether you work with special needs populations (e.g., students with IEPs or 504 plans, in a low SES or Title III school).

***Please send your comments via email to [listeningtoeducators@cstsonline.org](mailto:listeningtoeducators@cstsonline.org).*** Your email address will not be shared. Feel free to forward this message to other educators who might also be interested in sharing their stories. Your contributions will help us better understand the current impact of COVID-19 on educators and our education system. We appreciate your time and willingness to help us learn from your experience.

Thank you,

Center for the Study of Traumatic Stress  
Uniformed Services University